

*For practical understanding of Spirituality.*



Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

May — Power

The ability to master, have dominion and control.



Isn't Spring a joy to behold? All the dormant life in the trees and the flowers are coming up and showing us the evidence of a God that is abundant, creative and filled with love of all things beautiful.

The Eternal process of Life is always expressing in and through all living things. Knowing that I am One with the Creator gives me a sense of humility and gratitude for all the wonderful things that are unfolding in my life.

This month we honor our Mother's on May 9<sup>th</sup> for giving us the channel to express life as individualized expressions of God. This year, many of us, including myself, are honoring our Mother from a different point of view after they have gone on to the realm of Spirit. A special place will always be in our hearts for the love, service, and dedication our Mom's have given to us.

Join us for our Mother's Day service on Sunday May 9<sup>th</sup> at 10:30 a.m. We celebrate the gift of Life and Love on this wonderful day and honor the women who we call Mom.

As Unity Christ Church continues to move into our greater good, we ask for a call to serve the church from all of our members and friends. If you have an area of interest in service, we would love to hear from you. It takes the efforts of all of us to promote and expand what we have to offer in our community. YOU are an essential part of the growth, wealth, and success.

Please contact the office and let us know how you would like to be a part of our growth and promotion plans for the future. Together we can do much more than we can do alone.

**"Let your light so shine before men, that they may see your good works, and glorify your Father which is in Heaven."** Matt. 5:16

May God richly bless you and your family.

Stay in Peace,

Rev. Leslie Venable-Spiritual Leader-Unity Christ Church

## *UCC Affirmations for May 2021*

I will listen to what God the LORD says; he promises peace to his people, his faithful servants— but let them not turn to folly.

*Psalm 85:8*

### ***Week 1***

Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid.

*John 14:27*

### ***Week 2***

Now may the Lord of peace himself give you peace at all times in every way. The Lord be with you all.

*2 Thessalonians 3:16*

### ***Week 3***

And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

*Philippians 4:7*

### ***Week 4***

Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

*Isaiah 41:10*

### ***Week 5***

Cast all your anxiety on him because he cares for you.

*1 Peter 5:7*

## REFLECTIONS

*Reflections* is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

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## Daily Inspiration From Unity

**May/June 2021 issue is now available in our bookstore.**

Each bi-monthly issue includes daily affirmative messages, feature articles and spiritual poetry. These books are written to support people

## Thoughts From The Heart

I have been thinking about the whole idea of heredity and what it means to inherit certain characteristics and predispositions from one's family. As I contemplate this idea, I begin to think about the characteristic I claim and describe as myself. I begin to affirm that I have the face of my Dad; the physical body build of my mother's family and of course, the beautiful temperament of my grandmother. However as I continue to travel on this Spiritual path, allowing my True Authentic nature to gradually unfold, I recognize that my old ideas about heredity have somehow been drastically changed and transformed. I no longer cling to the ideas of family characteristics and traits, but choose to claim my True Inheritance.

Rather than being the child of my mother and father possessing a combination of the physical traits and attributes that they possessed, I now know that I am a child of God. And as such, I can only inherit that which is like my Creator, which is God. This new perspective causes me to remember the words of Jesus the Christ, when he said, "Call no man your father upon the earth for one is your Father, which is in heaven" (Matthew 23:9). I now know and understand that my True self does not inherit anything from my human relatives; I can only inherit from God. As this thought fills my mind, I think about that powerful affirmation made by our co-founder, Myrtle Fillmore as she boldly claimed her inheritance of Health. She affirmed, "I am a child of God, and therefore, I do not inherit sickness". And of course, as we all know, she was healed.

This leads me to think about, "What am I claiming as my inheritance?" Am I affirming health, wholeness, joy and an abundance of All Good? "These thoughts lead to further questioning and realizations. "If we can only inherit from God, then what is it that we inherit?" "We know that we are made in the image and likeness of God, therefore we must be Spirit and being Spirit we contain all the attributes of God. So our inheritance must be the attributes of God!"

As I think about this realization, I begin to experience the faith of God which allows me to know that what is real is the Invisible-- Spirit. As I persevere and persist in my Spiritual unfoldment, the strength of God is evolving in me and through me as I bring forth the radiant child of God that I AM. I also have inherited the wisdom of God and I intuitively know and discern what it is that I am to do, fearlessly stepping forth to do it. The very Love of God flows effortlessly through me as my Oneness with God is realized Within. I know that I AM One with all The Power in the Universe as I master the ability to control my thoughts and feelings. My vision is clear, for I now imagine and bring into manifestation that which is for my highest Good. My Understanding is firmly planted in God as It was always intended to be. And of course I inherit the Will of God, allowing It to manifest as my will right now.

Divine Order has become the melody of my life and I can patiently wait, for I know that my life unfolds in the right and perfect way. I AM filled with Zeal and enthusiasm for I know that I AM provided with limitless energy to do that which I came into the world to do and to be. I have also been given the ability to let go of old thoughts so that new thoughts can come in to take their place. And yes, I have inherited God's Life, that Life that has no beginning and no ending for I know and accept that I AM eternal.

So as we continue to travel on our Spiritual Path, let us always remember and acknowledge that our inheritance is from God. God's Ideas are our Ideas. The attributes of God are our inheritance to share with one another as we assist each other in manifesting the Kingdom of God right here, right now, right here on this earth. Let us be mindful of Our Inheritance and Use It Wisely, as we assist one another into the Kingdom Within where we courageously and boldly claim our inheritance as the Children of God.

Let Us daily Affirm:

*I Am a Child of God and I Inherit only GOOD.*

Blessings on Your Spiritual Journey,

Juankee J. McKinney,

## *Affirmations*

**HEALTH**—The Life of God flows freely through every cell and organ and function of my body. I am filled with joy, happiness, and enthusiasm. I am whole, healthy, and well from the top of my head to the soles of my feet.

**PROSPERITY**—God is richly blessing me. All my storehouses are filled with plenty, plenty, plenty. My income continuously increases and multiplies. I give with a joyful heart and everything I put my hand to prospers.

**WISDOM**—My mind and the mind of God are One. Infinite wisdom and guidance flows through my mind and I know everything I need to know. I am always under direct inspiration of the source of all my good.

**WORLD PEACE**—Peace begins with me. Peace be still. My mind is calm and centered on the Truth of my Being. All of my activities are governed by peace and serenity. I rest in a state of peace and peace enfolds me everywhere I go.

## **Unity Readings**

### **LOVE-Charles Fillmore-Dynamics for Living**

Love, in Divine Mind, is the idea of universal unity. In expression, love is the power that joins and binds in divine harmony the universe and everything in it.

Among the faculties of the mind, love is pivotal. It's center of mentation in the body is the cardiac plexus. The physical representative of love is the heart, the office of which is to equalize the circulation of the blood in the body, so love harmonizes the thought of the mind.

We connect our soul forces with whatever we center our love upon. If we love the things of sense or materiality, we are joined or attached to them through a fixed law of being. In the divine order of being, the soul, or thinking part, of man is joined to its spiritual ego. If it allows itself to become joined to the outer or sense consciousness, it makes personal images that are limitations.

One should make it a practice to meditate regularly on the love idea in universal Mind, with the prayer, **Divine love, manifest thyself in me.**

**[Power] is not to be used for selfish gain or satisfaction of the personal ego, but for the forward spiritual movement of the whole.**

# Open the Power Channel

By Winifred Wilkinson Hausmann  
(excerpted from [Your God-Given Potential](#))

*Power!* The word itself has a magical, mystical sound.

Through the years, the idea of power has been the main goal of existence in more than one person's



life—the never-ending search for power over other people, power in the political or ecclesiastical area, power to accomplish miracles, power to amaze and mystify others.

## Serving as a Channel

Power is the vital energy that has its seat in the hollow of the throat, at the root of the tongue. Spiritual power flows into our body from the Christ center at the top of the head and is released in the form of radiant energy through the center in the throat ... **Power is released by consciously speaking positive, powerful words of Truth ...**

The first outpouring of spiritual power may so awaken our desire to share the Truth that we are tempted to overextend ourselves in trying to pass it on to others. But we can only serve as channels for power. We cannot store it and then release it. We must keep both ends of the passage open if we are to have spiritual power available for our use ...

It is through opening the inlet by prayer and receptivity to God that we fill our power channel to release good into our world.