

For practical understanding of Spirituality.



Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

April — Love

The ability to attract, unify and desire.



"It is finished!"

Easter is a traditional holiday that represents great and eternal Truths for everyone no matter what a particular religious background may be. Our Master Teacher and Elder Brother Jesus life and teachings transcend the ages with timeless wisdom for today.

The journey Jesus took in his crucifixion and resurrection is the same journey we all take in life as we learn to expand our consciousness and awaken to the Truth of our Being.

We take our Truth deep within ourselves and cross out all the errors in our beliefs and our thoughts that keep us separated from our Oneness with God.

Letting go of our sacred beliefs that no longer serve us can be a daily process of release and being willing to clear the way for the Christ Mind and Power within us to shine through.

Day by day we let go and keep ourselves centered on the Truth of our Unity with the Christ Presence that is continuously flowing through our body, our mind, and out into all of our affairs.

Our day of resurrection arrives when we no longer block the channel of God's Power to express in all its' fullness and glory.

Just as the Spring brings forth it's beauty year after year as the winter season is completed, the beauty of our own living Christ springs forth as new growth and new opportunities to grow and expand ourselves.

Join us in our Easter celebration service on Sunday, April 4th at 10:30 a.m. and learn more about the great lessons of Life, Crucifixion, and Resurrection that Jesus came to demonstrate through his life and his ministry.

Stay in Peace,

Rev. Leslie Venable

Nelson Mandela

When you are at the top, be careful of the monster called PRIDE.

Pride will make you look down on the people who haven't attained your level of success.

When you are at the bottom, be careful of the monster called BITTERNESS.

Bitterness will make you jealous and think that other people are the reason you haven't made it.

When you are on the way to the top, be careful of the monster called GREED.

Greed will make you impatient and make you steal or seek shortcuts.

When you are on your way down, be careful of the monster called DESPAIR.

Despair will make you think it's all over yet there is still hope.

UCC Affirmations for April 2021

I sought the Lord, and he answered me and delivered me from all my fears.

Psalm 34:4

Week 1

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

2 Corinthians 5:17

Week 2

For God gave us a spirit not of fear but of power and love and self-control.

2 Timothy 1:7

Week 3

Delight yourself in the Lord, and he will give you the desires of your heart.

Psalm 37:4

Week 4

Therefore I tell you, whatever you ask in prayer, believe that you have received it, and it will be yours.

Mark 11:24

REFLECTIONS

Reflections is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

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Daily Inspiration From Unity

March/April 2021 issue is now available in our bookstore.

Each bi-monthly issue includes daily affirmative messages, feature articles and spiritual poetry. These books are written to support people

Thoughts From The Heart

It's Easter again! And I have been thinking of all the different ways I have celebrated the Easter season in the past and just contemplating, "What does all this mean? With this thought in mind, I begin to think about all those external preparations I have made throughout the years, such as giving up something for Lent, dying Easter eggs with the kids, making way for the Easter bunny and of course preparing those infamous Easter dinners. As these memories permeate my being, again, I ask myself, "What does all this have to do with the Resurrection and Ascension of Jesus the Christ?"

As I hold this thought in my mind, I become increasingly reverent to Jesus the Christ for what a magnificent part he played in waking us up to the Truth of our Being. And with this, I start to remember the many changes in consciousness that occurred within me in arriving at the realization and understanding of Who and What Jesus the Christ Is and Who and What I AM.

As a little child, I was introduced to the idea that Jesus was the Christ and there was no other and that is what I truly believed! As I began my Spiritual journey, I became somewhat enamored with the Idea of allowing the Christ "to be born in me" as a possibility. Now as a more mature enlightened Spiritual being, I know that I Am the Christ and so Are You and Everyone Else. I have truly embraced the Idea that We Are All the Christ of God; made in the Image and Likeness of our Creator.

I recall how the realization of this Idea in my consciousness was indeed a resurrection and evolution in my way of thinking. And I remember pondering, "What does it mean to be resurrected?" And, "How does this occur?" Of course at that time, I turned to my favorite Unity person, Charles Fillmore our co-founder. According to Mr. Fillmore, the Resurrection is "the restoring of mind and body to their original undying state. This is accomplished by the realization that God is Spirit and that God created man with power like that which He Himself possesses. When man realizes this, his mind and body automatically become immortal. " If the Spirit of Him that raised up Jesus from the dead dwelleth in you, He that raised up Christ Jesus from the dead shall give life also to your mortal bodies through His Spirit that dwelleth in you " (Rom. 8:11).

So, what this says to me, is that as we progress on our Spiritual journey, allowing the Christ Within to come forth and possess our Being; we begin remembering and realizing that We Are the Christ - We Are Spirit. And as our awareness expands, we begin to comprehend and know that We Are just like our Elder Brother, Jesus the Christ. We are indeed able to overcome the death of our body as He did and express all the Life, Love, Joy, Peace and Abundance of the Christ that God created us all to express. What a magnificent transformation of consciousness and a marvelous affirmation of Life!

So as we celebrate this Easter season, commemorating the Resurrection and Ascension of Jesus the Christ, our Elder brother and Wayshower, let us affirm that we too are being resurrected into New Life and into Life Eternal each time we make the commitment to stand firmly in the Presence and Power of the Christ –the Truth of Who We Are.

Let Us Daily Affirm: *"I Am the Resurrection and the Life"*

Blessings as You Spiritually Unfold,

Juankee J. McKinney

Affirmations

HEALTH-God is the Life and Health of my body. Every system, cell, organ and function of my body is operating in Divine Order and Divine Right action.

PROSPERITY-God is the Source of my Supply. All my needs are met at every point in time and space. My income continuously increases and multiplies from the inexhaustible Source of Supply.

WISDOM-Divine Ideas fill my mind with wisdom and guidance. I am always led to make right decisions, take right actions, that always lead to right results.

Unity Readings

Lowell Fillmore-Healing The Past

Remember that you can be master of your past, present, and future if you will cultivate your faith in Christ within you.

If something that happened in the past troubles you today you are not exercising your Divine Authority. Through your words you can call your Divine Authority into action. "Thou shalt also decree a thing, and it shall be established unto thee" is the promise.

Vain regrets concerning past mistakes, remembrance of injustice done to you, loss of friends, these things are depressing only to the degree that you permit them to rule your emotions. They exist only in your mind. You can fill yourself so full of Christlike thoughts that the old memories will be crowded out. If you feel that you need forgiveness because of past misdeeds you can do something about it this minute. You can put the forces of Divine forgiveness into operation by faithfully using the right affirmations.

There is no need for you to suffer any longer for what has happened in the past. Today is your opportunity for mending the past and preparing for a happy, prosperous future. The power of Jesus Christ is able to remove the sting of past mistakes and bring healing to your soul.

Repeat the following affirmation seven times every morning, seven times every noon, and seven times every night before you go to bed:

"The forgiving love of Jesus Christ has wiped out the mistakes of the past."

Prayer Letter

Dear Friends

Thank God for the beautiful season we are about to experience in the light of Christ's resurrection in us and in the world. This month's prayer focus is on Courage. Let us not grow weary in doing good, in affirming health and wholeness in spite of any circumstance to the contrary. We are free and unlimited in the Spirit of Christ.

We welcome Easter with open arms! This month's faculty is Love (and Strength), and we celebrate strength as the power of endurance, support and accomplishment. This force allows us to carry through our intentions and will toward God. Strength supports our will in expressing the love of God from within.

The scripture for our power this month is Isaiah 40:30-31

⁰ Even youths grow tired and weary,
and young men stumble and fall;

³¹ but those who hope in the LORD
will renew their strength.

They will soar on wings like eagles;
they will run and not grow weary,
they will walk and not be faint.

Affirmation: *The joy of the Lord is my strength. The Christ Power in me sets me free as I am unlimited in love.*

Prayer:

Regardless of where you are in your Spiritual journey, prayer lifts you higher and empowers you as an instrument of God. Taking the time (and it doesn't have to be long), to pray keeps you connected. Prayer is abiding in the presence of God – receiving the Christ and sharing your divinity. Make it a great day and a great Spring Season.

Yours in Christ, Mary E. Biggs, LUT

P.S. Recommendation book for the month – God is the Answer by Dana Gaitlan

Requests for testimonials-How I Used Truth

Do you have a testimonial as to how you used Truth in your life that you would like to share with others?

At least once a year I like to dedicate a Sunday Service to sharing and inspiring others with true-life testimonials. Truth Principles are Universal and we prove the Truth we teach by demonstrations in our lives.

If you would like to make a submission you can type or hand write a statement and send it to Rev. Leslie via the office or e-mail. LVenable2012@gmail.com

Please send in submissions no later than May 1st.

These will be a blessing to others and will help Unity Christ Church to reach others in fulfilling our vision and mission to share Unity with all people in our community and world at large.

Rev. Leslie Venable-Spiritual Leader Unity Christ Church



There are 12 powers of the mind, and one of them is all heart.

As written in [1 Corinthians 13:1 \(NLT\)](#), "If I could speak all the languages of earth and of angels, but didn't love others, I would only be a noisy gong or a clanging cymbal."

Affirmation for Love

I Vow to LOVE myself

For Better or Worse

For Richer or Poorer

In Sickness and in Health

From this day Forward.