

*For practical understanding of Spirituality.*

Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

February—Strength

The ability to endure, stay the course, persevere.



In the month of February, we have an honored traditional holiday we celebrate called Valentine's Day. A day of making our love and appreciation shine toward the special people in our lives.

**Who do you love?**

Jesus taught us that we are to put love for God and ourselves above all things in life. **We are to love all people, everywhere we go.**

The greatest challenges we face today can be transcended where there is enough love.

The Bible offers us a prescription for creating a world where love is a focal point within us and the way to share the kind of love the world needs now. More than ever before, love is needed to heal the sense of separation many people feel within themselves from God and from other people.

**1 Corin. 13:1 "Love is patient, love is kind, it does not envy, it does not boast it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth."**

**Repeat this verse several times and let it's wisdom illumine your mind.**

**Agape love is a love that sees the world as One.**

Every person is connected to the great whole that is our Humanity in the Earth. What we give to one we give to all. What we withhold from one is withheld from all.

**Give your love without measure each day.** Release the need to change people and their opinions and actions but accept and love them as they are on the way to where they are going on their Spiritual Pathway.

Realize that the God Presence within each and every person is doing great and mighty works through them. Judge not by appearances but righteous judgement. All of us are Children of the Living God and we are all essential in the Life of God in the Earth.

Give what the world needs most today. Not just on a designated holiday but every day of your life. Join a world-wide movement to love every person as yourself. Together we are changing the world through the power of love and love in action.

## Thoughts From The Heart

I have been daydreaming and thinking about the Idea of God as Love and wondering what it means and feels like to experience and truly know that I Am surrounded, enfolded and immersed in Divine Love. As this thought fills my consciousness, images of love flow through my mind and I think about all the many ways I have experienced love in this life.

I think about my Mother, and how much I loved her and how much she loved me. I remember sitting on our front porch and waiting for her to come home from work. I had such great joy and anticipation in my heart as I patiently waited for her return. I recall many times meeting her at the corner as she stepped off the bus and how I was filled with such warmth and devotion as we walked home together hand in hand. I recall my Dad and how much joy it brought me as I saw him pulling up into the driveway. I remember imagining and wondering what great surprise he would have for me today. I recall my Aunt coming home from her teaching job and how she would always bring home big red candy apples, just for me. And, of course I remember my brothers and sisters and how much fun we would have being outside playing kick ball, baseball, hide and go seek and sometimes tag. I remember all the joy it brought to me just laughing, talking, joking and playing endlessly. I also remember falling in love with that special person and feeling how my life felt so complete, knowing that this love surely would never end. All these wonderful memories bring such joy to me as I recall how these experiences seemed to shape me..... and I knew, I was truly loved.

I also remember the times when there was not much joy as I was disciplined by my loving parents. I also remember fighting with my siblings that I loved so very much and of course having to apologize to one another for making such a big fuss. And lastly, breaking up with the one I thought was the love of my life. That heartbreaking experience brings to mind such enormous pain which at the time, I thought I could never possibly live through. As I look back I have come to know and understand that regardless of what it appeared to be, these experiences were love as well.

As I further contemplate this idea of love, I realize that all of these experiences are from the standpoint of human love. However, my inner most desire is to experience the Divine Love of God. So the question in my mind becomes, "What is Divine Love and how does It differ from the Love that I had previously experienced?" To get a clear answer and to satisfy my quandary, I look to Charles Fillmore, our co-founder to get a clearer explanation. Mr. Fillmore, in *The Revealing Word*, states that "Love is the pure essence of Being that binds together the whole human family. Of all the attributes of God, Love is undoubtedly the most beautiful. In Divine Mind, Love is the power that joins and binds in Divine Harmony, the Universe and everything in It; the great harmonizing principle known to man." Mr. Fillmore further states that Divine Love is impersonal; It loves for the sake of loving. It is not concerned with what or who It loves, nor with a return of love....Love is an inner quality that sees good in everything and everybody. It insists that all is good and by refusing to see anything but good, It causes that quality finally to appear uppermost in Itself and in all things.....

**Thoughts From The Heart.....Continued from Page 2**

Divine Love will bring your own to you, adjust all misunderstanding and makes your life and affairs healthy , happy ,harmonious and free. Therefore , Love is the fulfillment of the law (Romans, 13:10).”

Wow! So it seems like Divine Love encompasses more than the personal love of family and friends that we all experience in growing up; It encompasses all of humanity and the whole Universe, and binds us together in Oneness and Harmony. God’s Divine Love brings harmony where there are discords in human relationships and draws to us our own. What a marvelous revelation to know that as we allow God’s Divine Love to envelop our consciousness, everyone is bound together in a brotherhood of Pure Love and Divine Harmony.

So as we continue to contemplate love and particularly the Divine Love of God, let us choose to see the Good and only the Good. Let us also choose to love just for the sake and pure joy of loving. As we do this we will be showing forth God’s Love; filled with patience, kindness compassion, forgiveness, non-judgment and selflessness. And , let us remember that we are all called to love God first, and to love our neighbor as our self. In this way, we are participating in bringing forth God’s Divine Love and Harmony into fruition on earth.....therefore, we will be fulfilling the Law.

Let Us Daily Affirm: I Am One with God and God is Perfect Love.

**Unity Readings****The Spirit of Youth in You-Myrtle Fillmore**

*“The spirit of youth in you is the Spirit of God in you.*

*You are of the Infinite and there is no failure for you-the only apparent failure is your failure to see and to claim as yours this truth of your being.*

*The moment you catch the vision, you let flood your soul and your body that light and life which made you to know that all things are possible with you, now.”*

## *Affirmations*

**Health**-I live in the fullness, the allness, the everpresent Life of God which is wholly perfect. I am an open channel for Perfect Life to flow through every cell and every function of my body.

**Prosperity**-God's wealth flows through my life in ever increasing, abundant supply. Everything I put my hand to prospers. I live the abundant life.

**Wisdom**-The wisdom of the Infinite leads and guides me into perfect action in all of my affairs. I put my faith in the unfailing wisdom of God to illumine my mind with creative ideas that light my way.

**World Peace**-I live in a continuous state of peace as I center myself in the Truth of my Oneness with God. I am unmoved by the world of changing effects and stand in a center of calm, serenity and peace.

## *UCC Affirmations for February 2021*

I can do all things through Christ who strengthens me.

**Philippians 4:13**

### *Week 1*

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

**1 Corinthians 13:4-5**

### *Week 2*

And now these three remain: faith, hope and love. But the greatest of these is love.

**1 Corinthians 13:13**

### *Week 3*

My command is this: Love each other as I have loved you.

**John 15:12**

### *Week 4*

Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.

## REFLECTIONS

*Reflections* is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

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## *Prayer Letter*

Happy Valentines!

February is the month of Love. In Unity we celebrate Strength this month, but we can celebrate both Love and Strength this month. Let's express all the love to all the world that we can!

Love is the faculty that holds us all together. Love is the great harmonizing power that heals the sick and restores the wealth. We celebrate strength as the power of endurance, support and accomplishment. This force allows us to carry through our intentions and will toward God. Strength supports our will in expressing the love of God from within.

**The scripture for our power this month is Joshua 1: 9**

**Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."**

**Affirmation: I am strong in the Lord. I love the Lord with all my soul, my strength and power.**

**Prayer: Lord encourage and empower me to express your love to myself and to my world.**

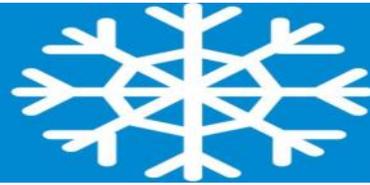
Regardless of where you are in your Spiritual Journey, prayer lifts you higher and empowers you as an instrument of God. Taking the time (and it doesn't have to be long), to pray keeps you connected. Prayer is abiding in the presence of God-receiving the Christ and sharing your divinity.

Yours in Christ

Mary E. Biggs, LUT

P.S. Recommended book for the month – Every Good Desire by Ernest Wilson

## INCLEMENT WEATHER INFORMATION



It's that time of year!! In case of inclement weather, please check your local news stations, in addition to your email and the church's Facebook page to see if we are cancelling service.



The office will be closed Monday, February 15th.  
Office hours will resume, Wednesday, February 20th.



Please help us congratulate our newest  
Board Member—**Lawrence Johnson**.

He is not new to this role and he brings a  
wealth of experience.

So when you see him again, help us con-  
gratulate him, thank him and/or provide him  
encouraging words to serve during this time.