

Awakening Souls, Transforming Lives!



Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

January—Faith

The ability to believe, intuit and perceive.

Faith blesses my day and paves my way.

MESSAGE FROM THE BOARD

Welcome to 2019! As we say goodbye to 2018, we are very grateful for all the growth and learning we experienced in this pass year, which has brought us to this year, 2019 filled with an abundance of GOOD ideas and openness to all divine possibilities. This month at Unity Christ Church, we will be continuing with old traditions as well as evolving into new ways of Being.

On **January 6, 2019**, Unity Christ Church will continue its tradition of taking down the greens from its Christmas Festivities. This activity will occur immediately following the monthly Potluck. All interested in participating in this UCC tradition are welcome. Please join us in the sanctuary at **1: 00PM**.

We will also be starting a new tradition. As we discussed in our annual meeting we will be initiating groups at our church which will be addressing the spiritual fortification and fiscal stabilization of Unity Christ Church

The first portion of this process will be starting in January. The Board of Trustees will be engaging in a visioning process. This will occur at 9:45 AM the first three Sunday's in January (6th, 13th, 20th). We will meet in the Prayer room for prayer, meditation and visualization. The focus of this process will be to allow Spirit to guide us in bringing forth its perfect divine plan and vision for Unity Christ Church. After this process is completed, groups will be formed and will start the planning and implementation phase of this process at UCC.

All are welcome to join us at these weekly visioning sessions. We encourage you all to join us as we move forward in Faith in the transformation of Unity Christ Church.

Let us daily Affirm:

"We open our Hearts, Minds and Souls to the Wisdom and Guidance of Spirit"

Blessings in 2019,

The Board of Trustees

JANUARY AFFIRMATIONS

Psalm 16:8

I have set the LORD always before me; because he is at my right hand, I shall not be shaken.

January 6th

Corinthians 5:17

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

January 13th

Isaiah 43:18-19

Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it? I will make a way in the wilderness and rivers in the desert.

January 20th

Proverbs 16:9

In their hearts humans plan their course, but the LORD establishes their steps.

January 27th

Proverbs 3:5-6

Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths.

REFLECTIONS

Reflections is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

UNITY CHRIST CHURCH

33 N. Skinker Blvd.
St. Louis, Missouri 63105
Phone (314) 727-6478
Fax (314) 727-8895
Email officeucc@att.net

Office Manager: **Erika Carmichael**

Board of Trustees

- Rudolph Clay**
- Barbara Lanier Harris**
- Juankee McKinney**
- Michael Shelton-Montez**
- Leonard Smith**
- Michael Musielak**

Licensed Unity Teachers

Mary Biggs and Mary Holloman

Church Office Closed

Our church office will be closed the following dates this month:

Tuesday, Jan 1st—New Years Day



Monday, Jan 21st—MLK Holiday



What Is Electronic Giving? Easy. Fast. Private

Givelify: Mobile App

Unity Christ Church is pleased to announce a convenient, new way to make your regular offerings. With our new electronic program, you can easily set up a recurring giving schedule or make one-time contributions. It's convenient for you and provides much-needed consistency for our church. And when travel, illness or other circumstances prevent you from attending services, our electronic program is capable of receiving your contributions on an uninterrupted basis. To become an electronic giver, download the Givelify mobile app from iTunes or your Google Play store. Sign up as a User, find Unity Christ Church and make your donation. This app is FREE to download, FREE to Sign Up and FREE to use.



From the Prayer Ministry

Dear Friends Happy New Year! Welcome to 2019!

I am a person who loves winter and especially loves January. We have before us a fresh slate in the New Year. We get to do it all over again! We begin again renewed in the Spirit of Christ. As we move into 2019, let's keep prayer at the top of our Goals List. Make prayer a priority in your life and a daily practice for your soul.

Faith is the first faculty we celebrate in January. Peter represents our faith, the substance of things not seen, but hoped for, that which we conceive in our belief system. We honor this faith within our being, and affirm acceptance of this power. Our powers of perception help us to exercise our faith by SEEING THE OUTCOME WE WANT. Focus on what you want to see -THE GOOD IN EVERY PERSON.

Our scripture for this celebration is: Mark 12:24 Therefore, I say to you, all things you pray and ask, BELIEVE that you have received them, and they will be granted to you.

Affirmation: I am the best that I can be. I claim my divine heritage and express this loving presence out to the world.

Our prayer for the month: Loving God renew your strength, power and peace in my heart. I accept your highest and best, and as your instrument of good, I give out the highest and best in my world.

Regardless of where you are in your Spiritual Journey, prayer lifts you higher and empowers you as an instrument of God. Taking the time (and it doesn't have to be long), to pray keeps you connected. Prayer is abiding in the presence of God-receiving the Christ and sharing your divinity.

Yours in Christ, Mary E. Biggs, LUT

P.S. Recommended book for the month – The Universe is Calling by Eric Butterworth

JANUARY LESSON TITLES & MUSICIANS

January 6, 2019

Guest Speaker: Rev. Leslie Venable

Lesson Title: Ye Must Be Born Again

Guest Musicians: Doug Erwin and Katie Kopff

January 13, 2019

Guest Speaker: Rev. Melissa Bennett

Lesson Title: TBA

Guest Musicians: AJSR and Rocky Tucker

January 20, 2019

Guest Speaker: Rev. Le Remington

Lesson Title: TBA

Guest Musicians: Deborah Sharn and Rocky Tucker

January 27, 2019

Guest Speaker: Dr. Marlene Bricker

Lesson Title: TBA

Guest Musician: Mitzi MacDonald

Unity Movie Matinee

Come join us for our Movie Matinee, where we will feature a film about One Man's Three Year Journey, entitled:

PGS—Intuition is your

Personal Guidance System

Invite friends and family. Everyone is welcomed

See Flyer for more information...page 6.



January Potluck

January 6th

Please join us in the Fellowship Room, after the morning service, for our Friendship Sunday Potluck. If your last name begins with **A-H**, please bring a **salad or vegetable**; if your last name begins with **I-R**, please bring a **dessert or bread dish**; if your last name begins with **S-Z**, please bring a **casserole or meat dish**. We always have great food and fellowship so please invite your friends and make plans to join us!!

Thoughts From The Heart

Wow, its 2019! And, I am starting to get excited about my potentiality and the abundance of possibilities I see. The New Year for me always symbolizes, new beginnings, fresh starts, newest of all life, and new ways of being. As these thoughts flow through my mind, I begin to reflect upon this past year, and I am filled to overflowing with wonderful memories. I become truly thankful and grateful as I reflect on all the challenges and growth that has occurred within me. I become truly joyful as I recall all those error thoughts and false beliefs that simply appeared to fade from my life and memory. I clearly remember the overwhelming elation I felt within the depths of my being, as that Still Small Voice began to speak to me; and I knew that it was the Christ. What ecstasy I felt as I began to feel that constant flow of energy permeating my being, and the joy created by knowing and experiencing my Oneness with God. Yes indeed, I believe that this year holds great possibilities for me!

As the thought of the Christ fills my mind, I begin to contemplate what life will be like this year, as I live consciously aware of the Presence of the Christ Within my Being. I start to think about how wonderful I will feel for I know my faith is firmly planted in the substance of God, knowing that all doubts and fears will simply fade away and disappear for I am one with that Presence Within. I know that I am filled with the strength of God and I have the courage and perseverance to meet any challenge that may enter my consciousness. I know that all the Wisdom and Knowledge I need will come forth from within, because I experience the Omniscience, the All-Knowing of God. The Love of God flows in and through me to bless and heal everyone who comes in contact with that Spirit that flows through me; and I know that the Unconditional Love of God will flow freely and fully through me at all times. The Power of God radiates throughout my being allowing me to know and to truly discern and believe that there is Only One Presence and One Power in the Universe and that is God – The Good. I even imagine myself filled with the Understanding of God, and willingly choosing to allow God's Will to be expressed in and through me, as I play out my part in fulfilling God's Universal Plan.

Divine Order rules my life as I patiently wait upon the Christ to unfold in its' perfect divinely ordered way. I envision the energy of the Universe surging through me as I enthusiastically express the Christ life throughout my Being. I am able to joyously let go of that sense of separation that has for so long been a part of my consciousness and I am able to experience my Oneness with everyone and everything, and to truly know that there is nothing in the Universe but God. My life is committed and dedicated to expressing the Christ and I am living by Grace.

So, as we think about 2019 and all the possibilities and potentially that this New Year brings, let us choose to bring forth that Christ that lives in the very center of our Beings and to Consciously express all the Love, the Life, the Peace, the Joy, and the Oneness that our Creator intended for you and me.

Have a Wonderful, Joyous and Prosperous New Year.

Let Us Daily Affirm: "I Allow the Christ to express In me, Through me, and As me."

Blessings As You Spiritually Unfold,

Juankee J. McKinney



Unity Christ Church Book Store

Welcome to Unity's Spotlight Corner. This section will highlight our bookstore and the many books we have available for purchase. Here's your opportunity to:

SEARCH. SELECT. BUY.

SPOTLIGHT OF THE MONTH:

Ordinary Enlightenment

by John C. Robinson, PhD

Experience God's Presence in Everyday Life

This book is an unforgettable discussion that explores how you can experience heaven here on Earth. Discover the surprising ways God's presence manifests itself in your everyday life. Gain extraordinary insights about God. Learn what this loving Presence is like, how to find it, and how to keep it!

Enjoy Your Reading.

Unity Book Club

You are invited to our Book Club meeting on
Thursday, January 31st @ 6:30pm.

This Month's Book:

The Universe Is Calling
 by Eric Butterworth



A few copies of this book is available in our Bookstore. Additional copies may be purchased by contacting the church office, by January 13th.



Come prepared to discuss the book.



JANUARY 2019 at Unity Christ Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sunday Celebration Service and Youth Education—10:30 AM</p> <p>Fellowship after the service in the Lobby. (See reverse side for times and locations of classes and events)</p>		 <p>Office Closed</p>	Spiritual Support Group—7 PM		6:30 PM—Centering Prayer & Meditation 7 PM—ACA	9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
<p>Friendship Potluck Sunday 6</p> <p>Prosperity Bank Sunday</p> <p>Prayer and Meditation Service—9:45 AM</p> <p>Yoga—1 PM</p>	7	8	Spiritual Support Group—7 PM	10	6:30 PM—Centering Prayer & Meditation 7 PM—ACA	9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
<p>Prayer and Meditation Service—9:45 AM</p> <p>Yoga—1 PM</p> <p>Unity Movie Matinee—2pm</p> <p>Toastmasters' Club—7 PM</p>	14	15	Spiritual Support Group—7 PM	17	6:30 PM—Centering Prayer & Meditation 7 PM—ACA	9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
<p>Prayer and Meditation Service—9:45 AM</p> <p>Yoga—1 PM</p>	 <p>Office Closed</p>	22	Spiritual Support Group—7 PM	24	6:30 PM—Centering Prayer & Meditation 7 PM—ACA	9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
<p>Prayer and Meditation Service—9:45 AM</p> <p>Yoga—1 PM</p> <p>Toastmasters' Club—7 PM</p>	28	29	Spiritual Support Group—7 PM	30		
			Spiritual Support Group—7 PM	UCC Book Club 6:30pm		

REGULARLY SCHEDULED CLASSES, GROUPS AND EVENTS

Sunday Celebration Schedule

Prayer and Meditation Service

9:45 AM in the Prayer Room. Please come and join us for a quiet time of healing and renewal. Bring your prayer requests and get prayed up!

Youth Ministry

10:30 AM in the Art Gallery, all children through age 12

Sunday Celebration & Fellowship

10:30 AM in the Sanctuary

11:30 AM in the Lobby (Fellowship—after service)

CD's of each Sunday's service are available at the book desk following the service.

Adult Children of Alcoholics and Dysfunctional Families

Fridays at 7 PM in the Fellowship Room

Saturdays at 9:30 AM in the Fellowship Room

Spiritual Support Group

Wednesdays at 7 PM led by Juankee McKinney. In the Library

Toastmasters-Voices in Unity

First and Third Sundays at 7:00 PM in the Fellowship Room

12-Step Centering Prayer and Meditation Groups

Fridays, 6:30 PM in the Fellowship Room

Saturdays, 11 AM in the Art Gallery

Yoga

Every Sunday at 1:00 PM in the Lobby

Additional information is available on the website (www.unitychriststl.org) or by calling the office at 314/727-6478.