

Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

April— Love

The ability to attract, unify and desire.

I am a radiating center of love.



Dear Ones, spring has arrived! As I write this article the rains are coming down heavily... which is great! I love rainy days. (Sorry, Mama Cass). ☺

When I was a child, my brother & I had the HUGE upstairs bedroom in our family's home. Rick's bed was on one side of the bedroom... my bed was diagonally opposite. A slanted roof was on both sides of our bedroom, so each of us was sleeping one to two feet beneath the exterior roof of our home.

On rainy nights, I clearly heard raindrops falling on the roof above my head. It was music to me. Many times I felt so very blessed to have God's Symphony playing for my total enjoyment. Me, cuddled under my covers... across the

room, both Rick was secure under his covers... downstairs mom and dad.

A wonderful sense of peace, security, and delight always came through to me.

Many years later, as I became aware of the BIG PICTURE of life, I associated rain with a gentle cleansing. Rain, vital to our earth, is a cleansing to parts of our planet... just as cleansing is vital to our journey here on "Classroom Earth."

Cleansing and forgiveness have pretty much the same vital effect in life. As we release old or new resentments, we literally free our self from carrying negative energy that hold us back from Moving Into Our Divinity.

Forgiveness is so important to awakening to our Divinity (Moving Into Divinity) that Charles Fillmore did a forgiveness treatment every night before going to sleep. And Jesus clearly told us, "If you are there at the altar, offering your prayers & gifts... & remember you have something against your brother or sister... don't waste your time praying!... instead do your reconciliation with your sister or brother, and THEN come and offer your prayers & gifts.

So as we do our 'spring cleaning' this season... remember to do the MAJOR cleaning in our consciousness. Forgive everyone and everything in your past, present, and future. Forgiveness helps us move into our Divinity more easily and more perfectly.

Love & blessings,

Ron

MESSAGE FROM THE BOARD

The Board of Trustees is starting to think about the beautiful, colorful blossoms and the green foliage that comes with Spring. With these ideas in mind, we would like to provide opportunities for each and every one of you to become involved in the transformation of our church. As the weather becomes warmer, we are offering many wonderful opportunities for you all to share your many talents.

There are opportunities to join with the Buildings and Grounds team and get started with a little spring cleaning. We will be cleaning both the inside and the outside of our church.

There are also opportunities to join with our gardening team to help plant colorful flowers and green foliage that will serve to beautify our landscape. You will have the opportunity to plant the flowers, nurture them and watch them grow.

If you are interested in getting into contact with your Inner Child through working with children, we have opportunities for you to teach and serve in our Youth Education Department.

Yes, there are many opportunities for you to serve. So if you are interested in any of these opportunities, please contact a Board Member and they will be happy to assist you with your desire to volunteer.

As we continue to walk forward in faith, we are truly thankful that we are all on this journey together.

Happy Easter and Blessings to You All,

The Board of Trustees

REFLECTIONS

Reflections is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

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AFFIRMATION FOR THE MONTH OF APRIL

I AM one with God.

APRIL WEEKLY AFFIRMATIONS:

April 1:

I Am Love

April 8:

I Am Wisdom

April 15:

I Am Harmony

April 22:

I Am Radiant Life

April 29:

I Am Joy

FRIENDSHIP SUNDAY POTLUCK April 8th

Please join us in the Fellowship Room after the service for our Friendship Sunday Potluck. If your last name begins with **A-H**, please bring a **salad or vegetable**; if your last name begins with **I-R**, please bring a **dessert or bread dish**; if your last name begins with **S-Z**, please bring a **casserole or meat dish**. We always have great food and fellowship so please invite your friends and make plans to join us!!

APRIL BIRTHDAYS

April 4th

Erika Carmichael

April 11th

Audrey Leeman

April 12th

Michael Musielak

April 20th

Kellie Mayhew

April 22nd

Mike Morrice



From the Prayer Ministry

Dear Friends

Happy Easter! As we celebrate the Resurrection this month, we are reminded of our eternal life and presence in Christ. We are born a new with Christ this time of year and we prepare for new life with the season of spring as well. The process of new growth in our lives requires a time to plant new seeds, nurture them and allow God to bring the harvest. Springtime is all about planting and harvesting new growth.

This month's faculty is Strength (Andrew), and we celebrate choosing the power of strength in our lives. This power gives us the ability to persevere in our thoughts and words, keeping our eye and our life single to the good.

Philippians 4:13 New Revised Standard Version (NRSV)

¹³ I can do all things through him who strengthens me

Affirmation: I accept the strength of the Lord. Through the power of Christ within me, I am able to accomplish all that is mine to do.

Prayer: Sweet Loving Spirit thank you for the strength and support you provide to me on a daily basis. I accept your strength and power and help support others on the same journey.

Yours in Christ

Mary E. Biggs, LUT

P.S. Recommendation book for the month – Be Ye Transformed by Elizabeth Sand Turner.

APRIL LESSON TITLES & MUSICIANS

April 1, 2018

Resurrection Day

Guest Musicians: Deborah Sharn & Steve Schenkel

April 8, 2018

Choosing Thoughts Wisely

Guest Musicians: Doug Erwin and Katie Kopff

April 15, 2018

Proper Use of Denials

Guest Musician: Brian Clarke

April 22, 2018

Metaphysical Aspects of Ourselves

Guest Musicians: Deborah Sharn & Steve Schenkel

April 29, 2018

Spiritual Understandings

Guest Musician: AJSR

Best Tee Shirt Day

Either wear or bring your Best Tee Shirt on **Sunday, April 8, 2018**, and we will have the opportunity to share the humor and/or wisdom from our shirt during our Friendship Potluck after our Sunday Service.

NOON-DAY MEDITATION

Rev. Ron will lead us in a Noon Meditation every Wednesday. The noon meditation will be modeled after Silent Unity's daily prayer service, with deep relaxation. We look forward to see you this Wednesday and every Wednesday at 12pm.

THOUGHTS FROM THE HEART

(REPRINT 2015)

It's Easter, and I have been contemplating the idea of the Resurrection and pondering, "What does it mean to be resurrected as exemplified by Jesus the Christ. And, I am also wondering, "What do the events we commemorate as Easter really mean for humanity? I know, that this is the time when we celebrate the death, resurrection and ascension of Jesus the Christ; and we always seem to do this with such magnificence and great pageantry. We re-enact the last supper and the crucifixion and we surround it with such festivities. We have Easter eggs hunts, Easter bunnies, Easter Dinners and Easter pageants, plays and parades. Aside from all these festivities, I would truly like to know, understand and experience what the Resurrection truly means for me?

Well as we all know by now, when I want more clarification, I turn to our co-founder Charles Fillmore for a clearer explanation. According to Mr. Fillmore, in *The Revealing Word*, *Resurrection is "The restoring of the mind and body to their original, undying state. This is accomplished by the realization that God is Spirit and that God created man with power like that which he Himself possesses. When man realizes this, his mind and body automatically become immortal."* He further states that, "Jesus was raised from the dead. He overcame death in the body. For since by man came death, by man came also the resurrection of the dead."*The power of the resurrection is the Christ. "I am the resurrection and the life" (John 11:25). This resurrection is not of the future, "but hath now been manifested by.....our Savior Christ Jesus, who abolished death, and brought life and mortality to light" (II Tim. 1:10).*

Wow, what a marvelous explanation! So we can restore our mind and body to their original perfect undying state through raising our consciousness to the awareness that we are Spirit. We are transformed in mind and body through the use of denials, affirmations and meditation. We use denials to surrender the old ways of thinking and believing and we use affirmations to establish the Truth firmly in our consciousness and patiently allow and watch it grow. Through meditation we learn to be in continuous communion with that Spirit within and receive guidance and direction from God.

Through this process, we move toward the conscious realization of our Oneness with God and in this Oneness we know and are aware that we inherit all the attributes of God; and we choose to bring them into manifestation as we awake in the Image and likeness of God. We are filled with and we become the unfailing faith of God. The Strength that is God thus manifests Itself physically, mentally and spiritually; We recognize that we are radiant centers of God's Infinite Divine Wisdom, and we recognize that we are reservoirs and recipients of the Unconditional Love that is God. We express Power and dominion as we awake in the awareness of our Oneness with God. Our Imagination is permeated with the pure vision of God and we see clearly and envision all things after the leadings of God. Our Understanding is quickened and we discern swiftly and with great clarity. As we willingly allow "God's Will" to express as "our will". We experience the harmony of God and recognize that Divine Order as the first Law of the Universe. Our lives become filled with Energy and Enthusiasm in doing all things that have been appointed for us to do. Our whole system is purified as we see only "God, the Good in All" and we are filled with the Pure Life of God which freely provides us with all of our needs. Through this manifestation, we are resurrected in mind and body and show forth from our own consciousness, that "Perfect Being" that God created in the beginning; the "Christ."

So as we celebrate this Easter season and participate in all the festivities, let us remember that we are not only commemorating the Resurrection and Ascension of Jesus the Christ, but celebrating our own resurrection into this "New Life" as well.

Let Us Daily Affirm: I Am the Resurrection and the Life.

Blessings As You Spiritually Unfold

Juankee J. McKinney,

The Editor



APRIL 2018 at Unity Christ Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter Sunday 1  Prosperity Bank Sunday	2	3	4 Noon Meditation—12pm Bible Class—1pm Spiritual Support Group—7 PM	5	6 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	7 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
8 Prayer and Meditation Ser-vice—9:45 AM <i>Friendship Sunday Potluck/ Best Tee Shirt Day</i> 11:30am Toastmasters' Club—7 PM	9	10	11 Noon Meditation—12pm Bible Class—1pm Spiritual Support Group—7 PM	12	13 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	14 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
15 Prayer and Meditation Ser-vice—9:45 AM Lessons In Truth Immediately after Service	16	17	18 Noon Meditation—12pm Bible Class—1pm Spiritual Support Group—7 PM	19 Board of Trustees Meeting—7 PM	20 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	21 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
22 Prayer and Meditation Ser-vice—9:45 AM Toastmasters' Club—7 PM	23	24	25 Noon Meditation—12pm Bible Class—1pm Spiritual Support Group—7 PM	26	27 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	28 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation
29 Prayer and Meditation Ser-vice—9:45 AM	30	<div style="border: 1px solid black; padding: 10px;"> <p>Sunday Celebration Service and Youth Education—10:30 AM</p> <p><i>Fellowship after the service in the Lobby.</i></p> <p><i>(See reverse side for times and locations of classes and events)</i></p> </div>				

REGULARLY SCHEDULED CLASSES, GROUPS AND EVENTS

Sunday Celebration Schedule

Prayer and Meditation Service

9:45 AM in the Prayer Room. Please come and join us for a quiet time of healing and renewal. Bring your prayer requests and get prayed up!

Youth Ministry

10:30 AM in the Art Gallery, all children through age 12

Sunday Celebration

10:30 AM in the Sanctuary

Sunday Fellowship (after service)

11:30 AM in the Lobby

CD's of each Sunday's service are available at the book desk following the service.

Adult Children of Alcoholics and Dysfunctional Families

Fridays at 7 PM in the Fellowship Room

Saturdays at 9:30 AM in the Fellowship Room

Lessons In Truth

3rd Sundays of the Month in the Sanctuary led by Rev. Ron Palumbo

Immediately following morning Service

Noon Meditation and Bible Class

Wednesdays—Meditation at 12pm in the Sanctuary

Wednesdays—Bible Class at 1pm in the Sanctuary

Spiritual Support Group

Wednesdays at 7 PM led by Juankee McKinney. In the Library

Toastmasters-Voices in Unity

Second and Fourth Sundays at 7:00 PM in the Fellowship Room

12-Step Centering Prayer and Meditation Groups

Fridays, 6:30 PM in the Fellowship Room

Saturdays, 11 AM in the Art Gallery

Additional information is available on the website (www.unitychriststl.org) or by calling the office at 314/727-6478.