

Awakening Souls, Transforming Lives!



Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

October—Zeal

The ability to be enthusiastic, be passionate, start, motivate.

I enthusiastically accept my good and go forward to achieve my purpose.



HAPPY OCTOBER Dear Uniticks!

When I was a youngster, I learned that October 31 is 'All Hallow's Eve' ... the eve before 'All Saints' Day' – a day of honoring and remembering all Christian saints.

It is good for us to honor & remember the many saints. And to this list, I'm including the awesome 'saints' that have blessed Unity... and thus, have blessed our lives.

Unity has a wonderful history of dedicated service... from Myrtle & Charles Fillmore... to thousands of ministers, church leaders, & Angel Team Members (folks who do "the work" behind the scenes) ... all the way up to our present day spiritual families at our many Unity Churches throughout the world.

Unity's lineage began with Mother Myrtle & Papa Charlie, both of whom were mystics.

Ernest Wilson, an awesome Unity minister who was ordained in 1916, wrote the book "Charles Fillmore – As I Knew Him," covering many of Charles' wonderful qualities, including his "significant counsel."

I feel so blessed and honored to have had a meeting with Ernest Wilson in 1977... my first trip to Unity Village. Reverend Ernest 'radiated' a beautiful, loving consciousness... & is truly one of the "Great Lights of Unity."

Richard Billings, who at 90 years of age is still ACTIVE in ministry. Richard has helped dozens of Unity churches, even while serving his church in Oak Park, IL.

Eric Butterworth, my guru, has inspired & empowered 'Uniticks' for over 50 years.

James Dillet Freeman, another minister of more than 50 years, wrote "The Prayer of Protection" during World War 2 while he was serving as the Director of Silent Unity. James is also the **only person** to have two (2) of his writings taken into space (two [2] different astronauts carried one of James' writings on his space mission).

Georgiana Tree West, Catherine Ponder, Jack Boland, Ernest Wilson, Dr. George Dale, Paul Funk, Joe Bettencourt, Johnny Coleman, Ruth Mosley, Joyce Kramer, etc. – ministers who spent their lives helping us awaken to God's presence. Thank you to all ministers (both Unity & other denominations) that have been brilliant lights for our world. It feels so very right to remember these beautiful souls... to be aware of the wonderful contribution they make to "bring light to our world" ... and to honor them as we approach All Saints Day.

Love & Blessings,

Rev. Ron

MESSAGE FROM THE BOARD

Sunday, November 19th, will be our **Annual Membership Meeting!** Tell the Board what's on your mind.

New Board Members will be elected at the Annual Meeting; if you're interested in joining the Board, please let us know.

We welcome [Unity Christ Church's](#) new Office Manager, [Erika Carmichael!](#) See Erika's bio elsewhere in this Newsletter

We send prayers and condolences to the family of **Harry Drake**, who passed on September 17th. **Harry** was a long-time member, leader, and friend of **UCC** and always an avid supporter of [Unity](#). His family welcomes contributions to **Silent Unity** in his memory.

The Board, **Rudolph Clay**, [Lawrence Johnson](#), **Juankee McKinney** and **Carolyn Perry**, invites your questions and suggestions. We are honored to serve [Unity Christ Church](#), as we **"Move Forward in Faith"...**

*Blessings to You All,
The Board of Trustees*

AFFIRMATION FOR THE MONTH OF OCTOBER

Divine Life RADIATES throughout
my mind, body & spirit.

OCTOBER WEEKLY AFFIRMATIONS:

October 1:

We are all sisters & brothers through the love of our Father-Mother God.

October 8:

I breathe in Divine Energy...and exhale love.

October 15:

I breathe in Divine Energy...and exhale peace.

October 22:

I breathe in Divine Energy...and exhale joy.

FRIENDSHIP SUNDAY POTLUCK OCTOBER 1

Please join us on **Sunday, October 1st** in the Fellowship Room after the service for our Friendship Sunday Potluck. If your last name begins with **A-H**, please bring a **salad or vegetable** ; if your last name begins with **I-R**, please bring a **dessert or bread**; if your last name begins with **S-Z**, please bring a **casserole or meat dish** . We always have great food and fellowship so please invite your friends and make plans to join us!!

REFLECTIONS

Reflections is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

UNITY CHRIST CHURCH

33 N. Skinker Blvd.,
St. Louis, Missouri 63105
Phone (314) 727-6478
Fax (314) 727-8895
Email officeucc@att.net
www.unitychriststl.org

Minister

Rev. Ron Palumbo

Office Manager

Erika Carmichael

Board of Trustees

Rudolph Clay
Lawrence Johnson
Juankee McKinney
Carolyn Perry

Licensed Unity Teachers

Mary Biggs
Mary Holloman

OCTOBER BIRTHDAYS

October 22:

Angelia Piper

October 27:

Judy Lindow

October 29:

John Holloman

THE CHURCH OFFICE

WILL BE CLOSED ON
MONDAY, OCTOBER 9, IN
OBSERVANCE OF
COLUMBUS DAY

FROM THE PRAYER MINISTRY:

Dear Friends

I am hoping by the time you read this, we are experiencing beautiful October weather. I love October days and cooler nights! I look forward to Fall Festivals and Halloween! But I'm getting ahead of myself. This month we celebrate Fall and also the faculty of enthusiasm, sometimes known as zeal. Whatever you call it, it's all about energy! Divine energy coming from God propels us forward to live our lives with a sweet anticipation of being and expressing God's good.

Scripture: [Zechariah 4:6](#)

So he said to me, "This is the word of the Lord to Zerubbabel: 'Not by might nor by power, but by my Spirit,' says the Lord Almighty.

Affirmation: Infinite energy and intelligence are pouring forth in enthusiasm. I go forward joyously to do the will and the work of the Father within.

Then prayer for the month: Almighty God and Power we accept all the good you have for us and express this enthusiasm for you and your presence in our lives and in the lives of our loved ones. May we always project your vibrant love and kindness with enthusiasm.

Regardless of where you are in your Spiritual Journey, prayer lifts you higher and empowers you as an instrument of God. Taking the time (and it doesn't have to be long), to pray keeps you connected. Prayer is abiding in the presence of God-receiving the Christ and sharing your divinity. See you all at the 85th Anniversary Celebration!

Yours in Christ

Mary E. Biggs, LUT

P.S. Recommended book for the month – The Dynamic Laws of Prosperity (Catherine Ponder).
(Reprint from the October 2016 Reflections)

OCTOBER LESSON TITLES

Rev. Ron Palumbo (unless otherwise noted)

October 1, 2017

The Bible In Me

Guest Musicians: Jeanne Trevor and Rocky Tucker

October 8, 2017

The Bible In Me, Part 2

Guest Musician: Doug Erwin

October 15, 2017

The Bible In Me, Part 3

Guest Musician: Mitzi MacDonald

October 22, 2017

The Bible in Me, Part 4

Guest Musicians: Deborah Sharn and Steve Schenkel

October 29, 2017

Saints of Unity

Guest Musicians: Deborah Sharn and Steve Schenkel

New Office Manager

Erika Carmichael



Erika is born and raised in St. Louis, MO, however she briefly lived in Louisville, KY for 3 years. She is the mother of 2 girls, Jayla, 18 and Jasmine, 12 and 1 granddaughter, Jamie, 3. Jayla is a freshman in college at Alabama A&M University and Jasmine is in the 7th grade at Crossroads College Prep School. Erika and her family

are members of Washington Metropolitan AME Zion Church. She serves on many church boards and is a passionate worker and dedicated to the work of the Lord. Erika has an undergraduate degree in Business Management from Central Missouri State University, now called University of Central Missouri, in Warrensburg, MO and she also has a MBA from Webster University. She is excited about working at Unity Christ Church and looks forward to meeting and fellowshiping with all the members.

THOUGHTS FROM THE HEART

I have been thinking about my favorite Charles Fillmore affirmation in which he vehemently declared at the youthful age of 93. He affirmed: *"I fairly sizzle with zeal and enthusiasm as I spring forth with a mighty faith to do the things that ought to be done by me."*

When I think about this affirmation, it brings to mind the great joy, the energy and the enthusiasm that I experienced when I first came into Unity many years ago and committed to its teaching as my way of life. I remember how excited I was as I devoured every bit of information I could digest about Truth Principles. I recall staying up very late many nights, just reading books by *Unity* authors and other *NewThought* writers. I even recollect the overwhelming joy I felt and the resultant challenges I faced, as I practiced the principles that I had intellectually learned. How excited and filled with awe I was, as I actually allowed myself to be transformed through the process of changing my thoughts. The daily practice of denials and affirmations always led to the most marvelous periods of sitting in the Silence and allowing that Spirit Within to take charge of my Being. The energy and the enthusiasm that I felt, at that time in my life, was *awe inspiring*.

I always felt so invigorated by these Spiritual practices, that I truly believed my excitement would never end. To the contrary, there were times when my enthusiasm appeared to wane and I was not as "highly energized" about practicing Truth Principles. Amazingly, each time this would occur, I soon found myself being pulled back onto the Path by the Spirit Within and I courageously recommitted myself to the process of Spiritual change once more. Has this ever happened to anyone else besides me?

As my consciousness has continued to unfold, I have come to understand the profound commitment of our co-founders, Charles and Myrtle Fillmore. Through my Spiritual practices, I have developed a mighty faith in Spirit and I *Now* choose to step forth and do that which is mine to do. For I *Now* know that all the choices and decisions I have made in my life have indeed been fueled by the Spirit Within for the purpose of guiding me to do the things that God created me to do and intended me to Be. My continued growth and change on this Spiritual Journey has caused my focus and commitment to become crystal clear. My commitment is to God and to allowing that Presence Within to have Its way with me. How about you?

I *Now* know that my ultimate goal (and the goal of everyone else) is to develop and bring forth that consciousness that was in Christ Jesus: The Christ Consciousness. We can choose to live in the awareness that we are all children of God: Allowing that Presence Within to love, bless, heal and transform our lives, the lives of all others, as well as the Planet that we call home. As we continuously focus our energy on this process, we develop the *Knowing* that we are here to be of service to one another and to assist each other into the Kingdom of Heaven.

So, as we continue our progress on this journey towards total Realization of our Oneness with Spirit, let us express the energy, the enthusiasm and the zeal of God. Let us choose to know, accept and allow our primary focus and energy to reflect our commitment to the Christ Within and to express all the qualities and attributes of God that we are.

Let us affirm with our co-founder, Charles Fillmore:

"I fairly sizzle with zeal and enthusiasm as I spring forth with a mighty faith to do all the things that ought to be done by me."

Blessings on Your Spiritual Journey,

Juankee McKinney
The Editor



REGULARLY SCHEDULED CLASSES, GROUPS AND EVENTS

Sunday Celebration Schedule

Prayer and Meditation Service

9:45 AM in the Prayer Room. Please come and join us for a quiet time of healing and renewal. Bring your prayer requests and get prayed up!

Youth Ministry

10:30 AM in the Art Gallery, all children through age 12

Sunday Celebration

10:30 AM in the Sanctuary

Sunday Fellowship (after service)

11:30 AM in the Lobby

CD's of each Sunday's service are available at the book desk following the service.

Adult Children of Alcoholics and Dysfunctional Families

Fridays at 7 PM in the Fellowship Room

Saturdays at 9:30 AM in the Fellowship Room

NA Meeting

Thursday at 7 PM in the Fellowship Room

Silent Unity Prayer Service

Thursdays at 11 AM in the Prayer Room led by Mary Biggs

Spiritual Support Group

Wednesdays at 7 PM led by Juankee McKinney. In the Library

Toastmasters-Voices in Unity

Second and Fourth Sundays at 7:00 PM in the Fellowship Room

12-Step Centering Prayer and Meditation Groups

Fridays, 6:30 PM in the Fellowship Room

Saturdays, 11 AM in the Art Gallery

Additional information is available on the website (www.unitychriststl.org) or by calling the office at 314/727-6478.

OCTOBER 2017 at Unity Christ Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Prosperity Bank Sunday FRIENDSHIP SUNDAY POTLUCK 11:30 AM	2	3	4	5	6 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	7 9:30 AM —ACA 11 AM 12-Step Centering Prayer & Meditation
8 Prayer and Meditation Service 9:45 AM Toastmasters' Club—7 PM	9  CHURCH OFFICE CLOSED	10	11 Prosperity Class 6:30 PM Spiritual Support Group 7 PM	12 NA GROUP 7 PM	13 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	14 9:30 AM —ACA 11 AM 12-Step Centering Prayer & Meditation
15 Prayer and Meditation Service 9:45 AM	16	17	18 Prosperity Class 6:30 PM Spiritual Support Group 7 PM	19 Board of Trustees Meeting —7 PM NA GROUP 7 PM	20 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	21 9:30 AM —ACA 11 AM 12-Step Centering Prayer & Meditation
22 Prayer and Meditation Service 9:45 AM Toastmasters' Club—7 PM	23	24	25 Prosperity Class 6:30 PM Spiritual Support Group 7 PM	26 NA GROUP 7 PM	27 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	28 9:30 AM —ACA 11 AM 12-Step Centering Prayer & Meditation
29 Prayer and Meditation Service 9:45 AM	30	31	<div style="border: 1px solid black; padding: 10px;"> <p>Sunday Celebration Service and Youth Education—10:30 AM Fellowship after the service in the Lobby.</p> <p><i>(See reverse side for times and locations of classes and events)</i></p> </div>			