

Awakening Souls, Transforming Lives!



Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

MAY—Power

The ability to master, have dominion and control.

I have the power to create my world.

MESSAGE FROM THE BOARD

The Board of Trustees is very excited to have our new minister, Reverend Ron Palumbo on Board with us right now. On Easter Sunday, we had the opportunity to experience his dynamic energy and presence and we are truly thankful and grateful for the wonderful message and energy he shared with us on that day. It was very timely and prophetic that the first Sunday he officially spoke as our Minister was Easter Sunday and that the lesson shared addressed the Resurrection. Just as our Elder Brother and Way Shower Jesus the Christ had to go through the resurrection, we too at Unity Christ Church are Now experiencing our Resurrection.

We are truly thankful and grateful that Spirit has manifested the Perfect enlightened Being through which we as a Spiritual Community can learn and grow. We will be celebrating Reverend Palumbo's arrival on **June 4, 2017** (Friendship Sunday). We ask that you each attend and bring your favorite dish to share and a friend as we celebrate the arrival of our new Spiritual Leader; and celebrate "Beginning Anew" at Unity Christ Church. We know that we have an awesome future that is Shining forth right now.

We give thanks to all of you for your prayers and affirmations that allowed Spirit to work through our consciousness and manifest the Perfect Spiritual Leader for Unity Christ Church. Again, we give thanks for your patience and commitment as we moved through this process.

We are also very pleased to announce that your participation in the revival of the Prosperity Bank program was phenomenal. Again reflecting your commitment as a congregation to our Spiritual teachings and our new beginning. Your response to this revitalization was very impressive and remarkable, and for this we say to you all: "Thanks."

As Unity Christ Church moves forward, in our new Spiritual Adventure, let us continue to affirm that: We are, "*Moving Forward in Faith*".

*Blessings to You All,
The Board of Trustees*



THOUGHTS FROM THE HEART

I have been thinking about Power, and contemplating the Idea that there is "Only One Presence and One Power in the Universe, God the Good, Omnipotent". As I further ponder this Idea, I am led to feel from deep within the center of my Being that this definitely must be true. I start to feel energy flow throughout my Being and I start to experience my connection to everyone and everything. I begin to know that we are One. As I feel that warm light of the Christ radiating brightly within my consciousness, I am aware of a Presence guiding and comforting me. As this experience continues to grow, the Divine part of me, truly knows that I Am One with the Only Presence and Power in the Universe. However, my human mind continually says to me, "How can this experience be?" and, "How did this Power get inside of me?"

To help my human mind get some clarity, I turn to Charles Fillmore and ask the Question, "What can this Power be that appears to reside within the Center of me?" According to Mr. Fillmore, in *The Revealing Word*, "Power is man's innate control over his thoughts and feelings. A quickening from on high must precede his realization of dominion." He further states that "The mind and body of man have power to transform energy from one plane of consciousness to another. In mind, power is increased through exalted ideas. These show us the relation between the world without and the mind within and we find that they are parallel. Whatever you see in the external, you may be assured has its parallel in mind.....The one thing to understand is whatever you see without is controlled by something within.....Man is the Power of God in action. To man is given the Highest Power in the Universe, the Conscious Power of Thought." Mr. Fillmore further elaborates and states that "Spiritual Power is Omnipresent. It is released in our body by spiritualizing our consciousness. This Divine Energy will surge through us as we erase negative thoughts from consciousness and become one with God Mind. "

Wow, now it becomes crystal clear to me! God has implanted at the very center of our Being dominion over all things, by giving us the Power of Thought. By consciously abiding in God's Universal Truth, we can spiritualize our minds and bodies and raise our vibrations to higher levels of awareness. Though the use of denials, we have been given the power to erase negative thoughts from our minds and through affirmative statements of Truth we have the ability to plant in the soil of our consciousness, thoughts that lead to the spiritualization of our minds and bodies. This conversely leads to an experience where all the Energy in the Universe surges throughout our Being and we begin to know that we are One with everyone and everything. And of course, as we persist in this practice, we can easily see how the thoughts we hold in our minds manifest externally as our experiences. It does indeed appear that we have the power to change our thoughts and consequently change the experiences that we have in this life. What a marvelous revelation to know that God has given us all the Divine Power needed to create and experience the type life that we desire.

So, as we contemplate the Idea of Power, let us know that God has planted within the center of our Being Power and Dominion over our thoughts and feelings. Let us be about our Father's business of positively impacting our world through raising our consciousness and expressing the Innate Dominion that has been given to us by our Creator, as we choose to consciously manifest and express our Oneness with the Only Presence and the Only Power in the Universe---"God the GOOD."

Let Us Daily Affirm:

"There is Only One Presence and One Power in the Universe, God the GOOD, Omnipotent"

Blessings As You Spiritually Unfold,
Juankee J. McKinney

(Reprinted from the May 2015 *Reflections*)



FROM THE YOUTH EDUCATION PROGRAM

A Night at the Theatre for Unity Kids!

The story of Disney's The Lion King has many valuable principles that are very much related to what we believe here at Unity.

The characters have a unique understanding of the universal law and they strive to be fair and just in the treatment of all living things and natural law. Our 5th Principle relates to this. Written for children it states, "I do and give my best by living the Truth I know. I make a difference."

Simba, the young lion cub in the tale slowly recognizes the order of life in the Pride Lands and that he has the power to do what he knows is right and to connect to his inner wisdom.

Another Unity principle written for our children is "God is all good and active in everything, everywhere." Mufasa, the father lion reminds Simba that whenever he feels alone, to know that he is not, because he has protection from on high.

Finally, there's the Unity principle for our children that says. "I create my experiences by what I choose to think, what I feel, and what I believe."

As Simba is coming of age, he's learning about the Circle of Life, how roles change, but events may repeat themselves. Simba is learning that he doesn't have to be subject to the evil of the outside world as symbolized by his Uncle Scar. He's learning that even though bad things may happen, he decides how to create the experience for himself and to find a positive in the darkness.

We are very happy for our children to see, "The Lion King" May 7th at the Fox Theatre, with special thanks to the people who contributed to help make our theatre night possible. We would appreciate your continued support so our children can continue to experience Unity Principles through the wonder of art, music, and dance in our community. All things God created for us to enjoy!

Tara Robinson
Kellie Mayhew

FROM THE PRAYER MINISTRY:

Dear Friends,

Spring is a great time of blooming bushes and trees, as well as planting bulbs and seeds. As we are in the full bloom of spring season, one of the most beautiful times of the year, let's celebrate the new growth we have in our gardens as well as our hearts since the Risen Christ of Easter last month. Let's give grateful thanks for the Power of Power this month and use our voices to Praise the Lord.

We celebrate our ability to praise God and watch as Spirit gives the increase to our hearts and homes. His force allows us to carry through our intentions and will toward God.

The **Scripture** for our power this month is: **Matthew 8:5-9: The Faith of the Centurion:** When Jesus had entered Capernaum, a centurion came to him, asking for help. "Lord," he said, "my servant lies at home paralyzed, suffering terribly." Jesus said to him, "Shall I come and heal him?" The centurion replied, "Lord, I do not deserve to have you come under my roof. **But just say the word, and my servant will be healed.** For I myself am a man under authority, with soldiers under me. I tell this one, 'Go,' and he goes; and that one, 'Come,' and he comes. I say to my servant, 'Do this,' and he does it."

Affirmation: The power of God expresses through me as peace and love. I bless all that I am and all that I give in word and deed. I speak works of healing and love to all.

Prayer: Powerful Spirit, move through me and allow me to experience your goodness. I share the sweetness and kindness of your goodness with all in my presence.

Yours in Christ
Mary E. Biggs, LUT

P.S. Recommendation book for the month – *Seedtime and Harvest* by Neville.

PROSPERITY BANK PROGRAM

Prosperity Banks, My Personal Investment Program. A gift to God is an investment in the law of good which always returns more than the equivalent of the gift. Jesus told us that if we would claim such returns we must love, ask, have faith and give.

Daily do the following:

- (1). Love God Love others. Love yourself and relax!
- (2). Ask. Write your desire.
- (3). Expect a perfect solution and do not worry!
- (4). Give thanks for that solution and put your gift in your Prosperity Bank.

Prosperity Banks are located on the shelf in the Lobby and will be collected on **Sunday, May 7th**. If you have any questions or need additional information on the Prosperity Banks, please contact the church office at (314) 727-6478.

MAY LESSON TITLES

Minister: Rev. Ron Palumbo

May 7, 2017

TBA

Guest Musician: Doug Erwin

May 14, 2017

TBA

Guest Musician: Mitzi MacDonald

May 21, 2017

TBA

Guest Musician: Trina Brunk

May 28, 2017

TBA

Guest Musician: Rose Fischer

AFFIRMATION FOR THE MONTH OF MAY

The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid? (Psalm 27:1)

MAY WEEKLY AFFIRMATIONS:

May 7

Your word is a lamp for my feet, a light on my path. (Psalm 119:105)

May 14

I don't hide my light under a basket. I let it shine for all to see so everyone will praise my Father. (Matthew 5:15-16)

May 21

Then Jesus again spoke to them, saying, *I am the Light of the world; he who follows Me will not walk in darkness, but will have the Light of life.* (John 8:12)

May 28

Arise, shine; for your light has come; and the glory of the Lord has risen upon you. (Isaiah 60:1)

REFLECTIONS

Reflections is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

UNITY CHRIST CHURCH

33 N. Skinker Blvd.
St. Louis, Missouri 63105
Phone (314) 727-6478
Fax (314) 727-8895
Email officeucc@att.net
www.unitychriststl.org

Minister: Rev. Ron Palumbo

Minister of Music: Alan Ernst

Office Manager: Judy Lindow

Board of Trustees

Rudolph Clay
Lawrence Johnson
Kellie Mayhew
Juankee McKinney
Carolyn Pery

Licensed Unity Teachers

Mary Biggs
Mary Holloman

HELP WANTED!

All green thumbs needed on board for the Garden Team. We are down to two seniors managing the yard, replanting, putting down mulch, rock, pulling and spraying for weeds. Help!

No salary, no commission. Bonuses are however plentiful. These include appreciation, fame and strangers on the street admiring your handiwork, perhaps enough to stop in.

See Judy Townsend or Lucy Johnson for an application.

MONTHLY POTLUCK

Our next Potluck will be on **Sunday, May 7th** after the worship service. Please bring your favorite dish and enough to share. If you have a birthday or anniversary in May, come and be celebrated with special cakes. We always have a great time of fellowship and delicious food, so please make plans to join us.

THE CHURCH OFFICE will be closed on Monday, May 29th in observance of Memorial Day.

MAY ANNIVERSARY

May 28

Don and Audrey Leemann

MAY BIRTHDAYS

05/01 Sarah Oliver

05/18 Pat Dillon

05/19 Leonard Smith

05/23 Michael Montez

05/25 Lucy Johnson

MAY 2017 at Unity Christ Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	1	2	3 Spiritual Support Group—7 PM	4 11 AM Silent Unity Prayer Service NA GROUP 7 PM	5 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	6 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation	
7 <i>Prosperity Bank Sunday</i> Lessons In Truth—9 AM Prayer and Meditation Service—9:45 AM <i>Potluck Lunch</i> <i>After the Service</i>	8	9	10 Spiritual Support Group—7 PM	11 11 AM Silent Unity Prayer Service NA GROUP 7 PM	12 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	13 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation	
14 Prayer and Meditation Service—9:45 AM Toastmasters' Club—7 PM	15	16	17 Spiritual Support Group—7 PM	18 11 AM Silent Unity Prayer Service Board of Trustees Meeting—7 PM NA GROUP—7 PM	19 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	20 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation	
21 Lessons In Truth—9 AM Prayer and Meditation Service—9:45 AM	22	23	24 Spiritual Support Group—7 PM	25 11 AM Silent Unity Prayer Service NA GROUP—7 PM	26 6:30 PM—Centering Prayer & Meditation 7 PM—ACA	27 9:30 AM—ACA 11 AM 12-Step Centering Prayer & Meditation	
28 Lessons In Truth—9 AM Prayer and Meditation Service—9:45 AM Toastmasters' Club—7 PM	29 CHURCH OFFICE CLOSED	30	31 Spiritual Support Group—7 PM	 <p>Sunday Celebration Service and Youth Education—10:30 AM Fellowship after the service in the Lobby.</p>			

REGULARLY SCHEDULED CLASSES, GROUPS AND EVENTS

Sunday Celebration Schedule

Prayer and Meditation Service

9:45 AM in the Prayer Room. Please come and join us for a quiet time of healing and renewal. Bring your prayer requests and get prayed up!

Youth Ministry

10:30 AM in the Art Gallery, all children through age 12

Sunday Celebration

10:30 AM in the Sanctuary

Sunday Fellowship (after service)

11:30 AM in the Lobby

CD's of each Sunday's service are available at the book desk following the service.

Adult Children of Alcoholics and Dysfunctional Families

Fridays at 7 PM in the Fellowship Room

Saturdays at 9:30 AM in the Fellowship Room

NA Meeting

Thursday at 7 PM in the Fellowship Room

Spiritual Support Group

Wednesdays at 7 PM led by Juankee McKinney

Toastmasters-Voices in Unity

Second and Fourth Sundays at 7:00 PM in the Fellowship Room

12-Step Centering Prayer and Meditation Groups

Fridays, 6:30 PM in the Fellowship Room

Saturdays, 11 AM in the Art Gallery

Additional information is available on the website (www.unitychriststl.org) or by calling the office at 314/727-6478.