

Awakening Souls, Transforming Lives!



Spiritual Tools For An Abundant Life- "The 12 Powers of Man"

Using the Powers, One Month at a Time

JUNE—Imagination

The ability to image, picture, conceptualize, envision, dream.

I envision good unfolding in every area of my life.



Dear Friends in Unity,

It is with sadness that I write this final newsletter message to you. You may have already heard that I am stepping down from the position of Minister at Unity Christ Church for personal health reasons.

This decision was made only after much prayerful reflection and meditation. Many of you know that I have suffered for many years from severe migraine headaches. This type of physical challenge, although thankfully, not life-threatening, definitely inhibits my ability to effectively function in a position such as Minister, which requires great energy and strength. Through dedicated prayer and contemplation, I clearly heard

Spirit telling me, "*Physician, heal thyself*", which was when I knew that it was time to slow down and let go of the many responsibilities of being the spiritual leader of a church.

The famous Rabbi, Hillel, the Elder, who lived at the time of King Herod and Jesus, said, "*Im ein ani li, mi li?*"- "*If I am not for myself, then who will be for me?*" How can we possibly take care of, and be a blessing to, others if we do not first give our own bodies, minds and Spirits the caring and attention that we need to heal and thrive? I know that I must give myself the time and energy to be healed, because "*an empty lantern provides no light.*"

Despite these unfortunate circumstances, I feel very grateful that Spirit guided me to UCC and inspired me to bring forth the messages of love, peace, forgiveness and healing over the past one and a half years of my tenure there. I truly believe that a powerful change in consciousness has begun to take place in this ministry, and that with your continued dedication, faith and commitment, this momentum will continue and grow. As you allow the Christ light to express through, and as YOU, Unity Christ Church can, and will, be a powerful beacon of light and healing in the St. Louis community!

Throughout this month of June, I invite you to affirm often, and with enthusiasm, "***I Am the Christ light in expression!***" I hope that you will join this wonderful community of seekers on the continued path of spiritual renewal and transformation. **YOU ARE** the church, and God can only shine forth and make miracles happen through each of you! Remember that you are always a blessing, and you do make a difference!

Love and Blessings Always,
Reverend Sallie Fox

MESSAGE FROM THE BOARD

The Board of Trustees would like to take this time to appreciate and give honor to Reverend Sallie Fox for her time, commitment and transformative Presence she brought to Unity Christ Church. For this we say “Thank You” and we know that our Spiritual Community has been truly blessed by your time with us.

In keeping with the idea of transformation, the Board will continue with its mission and vision to create a spiritual community that reflects the ideals of Jesus the Christ as interpreted by of our founders, Charles and Myrtle Fillmore.

We also want to thank you all for your continued support and encouragement as we move forward in the transformation of Unity Christ Church. A part of this transformation involves creating opportunities to serve. At our June potluck we will be sharing with you all the new teams that have been created as a direct result of our strategic plan. The Board will provide descriptions of these teams and you will be given an opportunity to sign up and serve in whatever way you feel led.

We will also be sharing the results of the survey that the congregation completed in April 2016. Overall, it was a very positive review and we look forward to sharing the result with you . We encourage each and every one of you to attend the June 5th Potluck. We look forward to your energy and enthusiasm as we come together and move forward in the transformation of our Spiritual Community.

As we move through this time of transition, it is the Board’s intention to keep you informed of each step we take in identifying our new Spiritual leader. We thank you for your love, caring and support as we envision Unity Christ Church moving forward and unfolding its potential in marvelous , positive, Spirit –filled ways ; and continuing to be that beacon of Light in the St. Louis Community.

*Love and Blessing,
The Board of Trustees*

JUNE LESSON TITLES

June 5, 2016:
Eye Hath Not Seen!
Guest Speaker:
Vernetta Holmes
Musician:
Alan Ernst

June 12, 2016:
The Law of Increase
Guest Speaker:
Rev. Leslie Venable
Musician:
Doug Erwin

June 19, 2016:
The Father and I Are One
Guest Speaker:
Mary E. Biggs, LUT
Musician:
Mitzi MacDonald

June 26, 2016:
Guest Speaker and Musician:
TBD

UNITY LIGHT SEEKERS

The Unity Light Seekers continue to meet and share stories, insights and fun on the 3rd Sunday of every month. The next meeting will be Sunday, June 19th. All are welcome!! The group will now be reading and discussing Eckhart Tolle’s book, **A new Earth**. See you there!



THOUGHTS FROM THE HEART

I have been imagining what it would be like to live in the Kingdom of Heaven. And as I hold this Idea in my mind, my Imagination begins to soar to new heights and all kinds of images and visions begin to flow throughout my mind; and I Am filled with overflowing joy. I see myself, whole, happy and free, living my life the way God intended just for me. I envision myself basking in the light of God's Love and remembering at all times that I AM a child of God; freely expressing all the qualities and ways of Being that I inherited from my Mother-Father God.

These marvelous images lift me to a higher state of consciousness and cause me to contemplate and wonder, "What is this magnificent Power that we call Imagination?" Well as you all know by now, that I like to get a clearer more concise understanding, so I look to our Co-Founder, Charles Fillmore, to provide me with a deeper explanation. According to Mr. Fillmore in the *Revealing Word*, Imagination is "the faculty of mind that images and forms; the power to shape and form thoughts. The imaging faculty presides at the nerve center between the eyes. Through this faculty the formless takes form." He further states, "With our imagination, we lay hold of ideas and clothe them with substance." What an exceedingly awesome explanation!

What this is saying to me, is that the Ideas that we hold in our minds will eventually out picture themselves in our lives. With this thought in mind, I begin to think about what I would like to have manifest in my life. Well, at this time, I believe that I have decided, and I Am choosing today to envision myself in the Kingdom of Heaven Consciousness. And I will hold and vision in my mind all the Divine Ideas of God. I am choosing to see myself filled with the unwavering Faith of God and allowing myself to be One with and supported by the Infinite Strength of God Right Now. I envision myself expressing the Wisdom of God as I allow God to Love me totally, completely and unconditionally; and I see myself joyously and freely accepting this gift of Love. I envision myself filled with the Power of God and allowing God to guide my Imagination to create the life Spirit intended just for me. I AM visioning myself planted firmly in the Understanding of God as I patiently wait for Divine Order to lovingly unfold. I also see myself allowing all the energy in the Universe to flow through me, maintaining, sustaining and renewing me in all ways. I envision myself boldly letting go of any and all Ideas and situations that I have outgrown and that no longer reflect my Highest Good. And of course I see the Life of God flowing totally completely fully and freely throughout every atom, every cell and every organ of my Being; allowing my life to be a Blessing to the World and everyone who comes in contact with my consciousness of Love.

And of course, as all of these images flood my mind, I envision myself fully awake to the Truth that I Am a Spiritual Being, made in the Image and likeness of God and expressing all the Life, Love, Wisdom, Abundance and Joy of my Mother-Father God.

So as we think about our Power of Imagination, Let us choose to consciously decide what visions and images we would like to hold in our mind and manifest in our lives and our world Right Now.

Let Us Daily Affirm: "My eye is single to the Good"

*Blessings as You Spiritually Unfold,
Juankee J. McKinney*

Reprinted from the June 2014 Reflections



AFFIRMATION FOR THE MONTH OF JUNE

Through God's love and wisdom within, I am guided to my highest good.

JUNE WEEKLY AFFIRMATIONS:

- June 5:** The light of God illumines my way, and I see clearly.
- June 12:** As I freely share my good, I am open to God's abundant supply.
- June 19:** I AM one with God and all is well.
- June 26:** Divine order is established in me as I let go and let God.

REFLECTIONS

Reflections is a newsletter published each month by Unity Christ Church. Its purpose is to inform and inspire our spiritual community. Submissions for publication are welcome and should be sent to the church office for review.

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I Find You

I find You in the dance of the daffodils in the yard.
 I find You in the music of the birds around me.
 I find You in the gentle sway of the branches above me.
 I find You in the white puffy clouds floating across the sky.
 I find You in the warmth of the sun on the left side of my face.
 I find You in the breeze that touches the right side.
 I find You in the joy that wells up in me when I experience the gifts of
 Your world.
 I find You in me.
 --Kitty Murillo, c. 2016

From the Prayer Ministry:

Dear Friends,

As we warm up into the beginning of summer, we all should begin to wind down the busyness of our lives. Summer is a time to take time out. Let's not just plant the flowers, but let's walk around and enjoy the scent and sight of them. And as June is the month we celebrate the faculty of imagination, it is time to start summer day dreaming!

This month's faculty is Imagination, and we celebrate it by imagining greater good for ourselves and our loved ones. Picturing our good is one of the easiest way to bring it about in the material world. Let the light days and summer relax you into positive daydreaming and night streaming.

Psalm 37:3-4: Trust in the Lord and do good that you may dwell in the land, and enjoy security. Take delight in the Lord, and he will grant you your heart's desires.


Affirmation: I am undisturbed by material appearances. I see with the eye of Faith and I know that God now brings me the desires of my heart.

Prayer: Thank you Father-Mother God for all the good that you bring to mind so that we may use it for greater good for all.

*Yours in Christ,
 Mary E. Biggs, LUT*

P.S. Recommended book for the month – *You'll See It When You Believe It*, Wayne Dyer

June 2016 at Unity Christ Church

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 AM</p> <p><i>Sunday Celebration Service and Youth Education</i></p>			1	2	3	4 9:30 AM & 11 AM 12-Step Centering Prayer & Meditation Group
5 Prayer and Meditation Service—9:45 AM	6	7	8	9	10 6:30 PM—Centering	11 9:30 AM & 11 AM 12-Step Centering Prayer & Meditation Group
12 Prayer and Meditation Service—9:45 AM	13	14	15	16	17	18 9:30 AM & 11 AM 12-Step Centering Prayer & Meditation Group
 <p>19 Prayer and Meditation Service—9:45 AM</p>	20	21	22	23	24 6:30 PM—Centering Prayer & Meditation	25 9:30 AM & 11 AM 12-Step Centering Prayer & Meditation Group
26 Prayer and Meditation Service—9:45 AM	27	28	29	30		

REGULARLY SCHEDULED CLASSES, GROUPS AND EVENTS

Sunday Celebration Schedule

Prayer and Meditation Service

9:45 AM in the Prayer Room. Please come and join us for a quiet time of healing and renewal. Bring your prayer requests and get prayed up!

Youth Ministry

10:30 AM in the Art Gallery, all children through age 12

Sunday Celebration

10:30 AM in the Sanctuary

Sunday Fellowship (after service)

11:30 AM in the Lobby

CD's of each Sunday's service are available at the book desk following the service.

Adult Children of Alcoholics and Dysfunctional Families

Fridays at 7 PM in the Fellowship Room

Saturdays at 9:30 AM in the Fellowship Room

NA Meeting

Thursday at 7 PM in the Fellowship Room

Spiritual Support Group

Wednesdays at 7 PM led by Juankee McKinney

Toastmasters-Voices in Unity

Second and Fourth Sundays at 7:00 PM in the Fellowship Room

12-Step Centering Prayer and Meditation Groups

Fridays, 6:30 PM in the Fellowship Room

Saturdays, 11 AM in the Art Gallery

Unity Light Seekers

Third Sunday, after Fellowship in the Art Gallery.